EMPACT-SPC, A RESILIENT ARIZONA PROVIDER, PRESENTS

GRIEF EDUCATION AND SUPPORT

FREE Online Groups | January 2021



SURVIVING GRIEF WORKSHOP

Thursday, January 14 12PM-1PM

Learn ways to manage grief for different losses (death of person, death of pet, illness, separation, transition, etc.).



SURVIVING GRIEF CHAT CIRCLE

Thursdays, 12PM-1PM Jan 21, 28, Feb 4, 11 CALL TO REGISTER

CLICK TO REGISTER

Connect with others experiencing the loss of a loved one (through death) and get support in your grief from peers and a professional facilitator. Limited to 8 adults.

Got Questions? Need Assistance Registering?

Contact Krylyn Peters at 480-694-4436 or Krylyn.Peters@lafrontera-empact.org.

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