

VA



**U.S. Department
of Veterans Affairs**
Veterans Health Administration
Phoenix VA Health Care System

Phoenix VA Healthcare System
650 East Indian School Road
Phoenix, AZ 85012
(602) 277-5551
www.phoenix.va.gov

Phoenix VA Healthcare System Resource Guide

VETERANS HEALTHCARE ADMINISTRATION (VHA)

Basic Eligibility Requirements for VA Healthcare:

- Verified active duty military service
- Separation status of Honorable or General Under Honorable Conditions
- Twenty-four (24) months of continuous active duty service after 9/7/1980 (minimum service requirement of one (1) day prior to this date)

VA encourages all Veterans to apply for healthcare benefits so that enrollment eligibility can be determined on an individual basis as there may be several exceptions to the above listed basic requirements.

Phoenix VA Health Benefits and Enrollment:

Phoenix VA Medical Center 650 East Indian School Road Phoenix, AZ 85012 (602) 277-5551, Ext. 6251	Northwest Clinic 13985 West Grand Avenue, Suite 101 Surprise, AZ 85374 (623) 251-2884	Southeast Clinic 3285 South Val Vista Drive Gilbert, AZ 85297 (480) 397-2800
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To apply for VA Healthcare Benefits, complete **VA Form 10-10EZ** "Application for Health Benefits" and submit it to one of the Health Benefits Enrollment Offices listed above or online at www.1010ez.med.va.gov. Veterans will also need their most recent tax return, Social Security numbers for yourself and qualified dependents, and account numbers for any current health insurance you have. **VA Form 10-10EZ** applications may also be mailed to:

U.S. Department of Veterans Affairs
 Health Eligibility Center
 2957 Clairmont Road, Suite 200
 Atlanta, GA 30329

DD-214: To obtain a copy of a service record or military medical records, complete Standard Form 180 "Request Pertaining to Military Records," or apply online at www.archives.gov/veterans/military-service-records

PHOENIX VA COMMUNITY BASED OUTPATIENT CLINIC (CBOC) LOCATIONS:

Northwest CBOC 13985 W. Grand Avenue Surprise, AZ 85037 (623) 251-2884	Thunderbird CBOC 9424 N. 25 th Avenue, Suite 101 Phoenix, AZ 85021 (602) 633-6900	Northeast CBOC 11390 E. Via Linda Scottsdale, AZ 85259 (480) 579-2200
Southwest CBOC 9250 W. Thomas Road, Suite 400 Phoenix, AZ 85037 (623) 772-4000	Midtown CBOC 5040 N. 15 th Avenue Phoenix, AZ 85015 (602) 234-7080	Southeast CBOC 3285 S. Val Vista Drive, Suite 111 Gilbert, AZ 85297 (480) 397-2800
Globe CBOC 5860 S. Hospital Drive Globe, AZ 85501 (928) 425-0027	Payson CBOC 903 E. Highway 260 Payson, AZ 85541 (928) 472-3148	Show Low CBOC 5171 Cub Lake Road, Suite C380 Show Low, AZ 85901 (928) 532-1069

PHOENIX VA SPECIAL CARE, TREATMENT & SUPPORT PROGRAMS AND DEPARTMENTS

<p>Veteran Resource Center (VRC) Walk-In Only 7a-5p Main Hospital, 1st Floor</p>	<p>Veteran Caregiver Coordinator Carol Combs (602) 277-5551, Ext. 4731</p>	<p>Woman Veterans Program Manager Kristen Nordquist, LCSW (602) 277-5551, Ext. 6764</p>
<p>Homeless Veteran Program Jeff Willgale (602) 248-6040</p>	<p>Agent Orange/Gulf War/Burn Pit/ Environmental Registry Program Kirsten Lamunyon (602) 277-5551, Ext. 6749</p>	<p>Maternity Care Coordinator Pat Balcazar-Mendoza, RN (602) 277-5551, Ext. 2847</p>
<p>LGBT Veterans Program Leonardo Caraballo, PsyD (602) 277-5551, Ext. 4828 or Michell Hovis, LCSW (602) 277-5551, Ext. 3589</p>	<p>OIF/OEF/OND Veteran Program Cara Garcia (602) 277-5551, Ext. 3950 or Shilo McVey (602) 277-5551, Ext. 6443</p>	<p>Military Sexual Trauma (MST) Coordinator Amanda Van Hofwegen, LCSW (602) 234-7157 Midtown CBOC, 2nd Floor</p>
<p>National 24/7 Homeless Veteran Call Center 1-877-424-3838</p>	<p>Chaplain Service & Decedent Affairs (602) 222-6422</p>	<p>Traveling Veteran Coordinator Program (602) 277-5551, Ext. 3843</p>
<p>Privacy Officer Spencer Christian (602) 277-5551, Ext. 5085</p>	<p>FOIA Office Lisa Gallegos (602) 277-5551, Ext. 2342</p>	<p>Whole Health for Life Karen White (602) 277-5551, Ext. 5511</p>

Tobacco Cessation

Veterans seeking assistance with tobacco cessation may inquire with their Primary Care Provider or use the following resources/classes:

<p>Quit Vet 1-855-QUIT-VET 1-855-784-8838 Monday – Friday 8:00 a.m. to 10 p.m.</p>	<p>Smoke Free Vet A mobile, text-based service Text the word VET to 47848 www.smokefree.gov/VET</p>
<p>Arizona Smoker’s Helpline 1-800-556-6222 www.ashline.org</p>	<p>Phoenix VA Main Hospital First Wednesday each month Prosthetics Department Bldg. 34, 2nd Floor</p>

Phoenix VA Phone Guide & Important Numbers

Phoenix VA Main Line	(602) 277-5551
Pharmacy	(602) 277-5551, Option 1
Scheduling & Messaging	(602) 277-5551, Option 2
Nurse Advice & Triage	(602) 277-5551, Option 3
Eligibility	(602) 277-5551, Option 4
Billing	(602) 277-5551, Option 5
MISSION Act Information	(602) 277-5551, Option 6
My HealtheVet (National)	1-877-327-0022
Patient Advocate	(602) 222-2774

MISSION ACT INFORMATION

The VA Maintaining Internal Systems and Strengthening Integrated Outside Networks Act of 2018 (MISSION Act) replaced the VA CHOICE Program on June 6, 2019. The MISSION Act altered community care eligibility and established the new criteria as follows:

1. **Wait Time:** Veterans who are unable to obtain an appointment within 20 days for their Primary Care, or 28 days for Specialty Care, may request to be sent to a community-based care provider.
2. **Drive Time:** Veterans who would be required to drive for longer than 30 minutes for Primary Care, or one hour for Specialty Care, may request to be sent to a community-based care provider.
3. **Best Medical Interest:** A VA Primary Care Provider and a Veteran may both agree that it is in the Best Medical Interest of the Veteran to receive care from a community-based provider.

MENTAL HEALTH CARE & RESOURCES

*****Call 9-1-1 for Psychiatric Emergencies*****

Jade-Opal Clinic: Offers same-day mental health services and referrals for treatment.

Walk-In Hours: Monday through Friday 0800-1500 at the Phoenix VA Medical Center Main Hospital (1st Floor, near the Emergency Department). Urgent mental health issues outside of these hours will be referred to the VA Emergency Department (1st Floor).

Veteran's Crisis Hotline: 1-800-273-8255 (Press 1) for 24/7 confidential support for Veterans in crisis, and families and friends.

Social Workers: All Patient Aligned Care Teams (PACT) include a dedicated Social Worker to provide Veterans such assistance and resources as may be available. Veterans are encouraged to contact their Primary Care Providers or PACT to address such issues or be referred to the appropriate care. **VA Social Workers may have knowledge of or access to resources not listed in this guide.**

VET CENTERS

Readjustment Counseling for Combat Veterans & Treatment for Military Sexual Trauma (MST)

West Valley Vet Center 14050 N. 83 rd Avenue, Suite 170 Peoria, AZ 85381 (623) 398-8854	Phoenix Vet Center 4020 N. 20 th Street, Suite 110 Phoenix, AZ 85016 (602) 640-2981
Mesa Vet Center 1303 S. Longmore, Suite 5 Mesa, AZ 85202 (480) 610-6727	Lake Havasu Vet Center 1720 Mesquite, Suite 101 Lake Havasu, AZ 86403 (928) 505-0394

Substance Abuse Treatment Programs

Substance Abuse Residential Rehabilitation Treatment Program (SARRTP): Inpatient based Substance Abuse Treatment administered by Phoenix VA at the Main Hospital. Speak with your Primary Care Provider or call (602) 277-5551, Ext. 3952 or 5399 for more information.

Substance Use Disorder Treatment Program (SUDTP): Outpatient based Substance Abuse Treatment administered by Phoenix VA at the Main Hospital. Speak with your Primary Care provider or call (602) 277-5551, Ext. 6471 for more information.

Other Special VA Social Work Programs & Services

Psychosocial Rehabilitation & Recovery Center (PRRC): A program which focuses on intensive outpatient programming, including individual and group psychotherapy, recreational therapy, psycho-education, and community integration. Veterans with a Mental Health assessment within the past 12 months are eligible with a referral from a Mental Health Care Provider at Phoenix VA. Call (602) 222-6471 for more information.

Transition & Care Management (TCM): A program with a focus on those Veterans who have recently returned from deployment and/or are transitioning from the DoD health care system to the VA. Call (602) 277-5551, Ext. 6750 for more information.

Compensated Work Therapy (CWT): A program utilizing a vocational model for recovery and treatment which provides vocational services and support to help facilitate re-entry into the employment sector. Speak to your Primary Care or Mental Health Provider or call (602) 277-5551, Ext. 5987 for more information.

Health Care for the Homeless Community Resource & Referral Center (CRRC): A facility with various resources for Veterans with a focus on housing and access to information and peer support. Walk-ins are welcomed Monday through Friday from 0730 – 1600 at 1500 E. Thomas Road, Suite 106, Phoenix, AZ 85014. The Housing & Urban Development VA Supportive Housing (HUD-VASH) program, with the goal of returning homeless Veterans to permanent housing, is also managed at this facility. Call (602) 248-6040 for more information.

Veterans Justice Outreach (VJO): A program that aims to avoid the unnecessary criminalization of mental illness and extended incarceration of Veterans by ensuring that eligible, Justice-involved Veterans have timely access to the Veterans Health Administration (VHA) services they need. This program is based out of the CRRC so visit them or call (602) 248-6040 for more information.

Outpatient Recreational Therapy: A program offering a wide-range of recreation modalities and interventions as treatment and education to assist Veterans with disabilities and other limitations to establish and develop a lifestyle that focuses on functional independence and whole health well-being. Speak with any VA care provider or call (602) 277-5551, Ext. 7250 for more information.

VETERAN BENEFITS ADMINISTRATION (VBA)

VA Regional Office – Phoenix 3333 N. Central Avenue Phoenix, AZ 85012 1-800-827-1000 https://benefits.va.gov/Phoenix	To apply for VA disability benefits, complete VA Form 21-526 “Veteran’s Application for Compensation and/or Pension” or online at www.ebenefits.va.gov .
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Service Connected Compensation: If a disability is the result of an injury, disability, or event in military service.

Non-Service Connected Pension Eligibility:

- Age 65 or older OR are permanently and totally-disabled,
- Active duty service with at least one (1) day during a period of war,
- Twenty-four (24) months of continuous active duty service after 9/7/1980 (minimum service requirement of one (1) day prior to this date), AND
- Income and net worth do not exceed the annual income limit set by law.

Adding or Withdrawing Dependents: If a Veteran is receiving disability compensation from VA with a disability rating of 30% or greater, they may add eligible dependents to their compensation benefits to get a higher payment to help support their family. Veterans may submit documents to claim additional dependents, or withdraw them, at the VA Regional Office or mail or fax them to:

Department of Veteran Affairs
Claims Intake Center
P.O. Box 4444
Janesville, WI 53547-4444
FAX: 844-531-7818

- To add a dependent: **VA Form 21-686c** “Declaration of Status of Dependents” must be submitted.
 - o A spouse (including spouses in same-sex marriages and common-law marriages)
 - o Children (including biological children, step children, and adopted children) who are unmarried and either:
 - Under 18 years of age, or
 - Over 18 years of age but were seriously disabled before the age of 18, or
 - Between the ages of 18 and 23 and attending school full-time
 - For children over 18 years of age, but in school full-time, **VA Form 21-674** “Request for Approval of School Attendance” must also be submitted.
- To add a parent as a dependent: **VA Form 21P-509** “Statement of Dependency of Parent(s)” must be submitted.
 - o To qualify, a parent must be in the Veteran’s direct care and whose income and net worth do not exceed the limit set by law.

How to Obtain a Copy of your DD-214 or Military Medical Records: If you have been discharged within the past two years, you may contact your most recent command to obtain a copy of your DD-215 and Military Medical Records. If it has been longer than two years, you may request such records online, or by mail or fax. Complete Standard Form 180 “Request Pertaining to Military Records,” or apply online at www.archives.gov/veterans/military-service-records

VA Healthcare Eligibility Review for Other-Than-Honorable & Bad Conduct Discharges: Requests may be submitted using **VA Form 7131** “Exchange of Beneficiary Information and Request for Administrative and Adjudicative Action.”

Discharge Upgrade: A review of military discharge may be requested using **DD Form 293** “Application for the Review of Discharge from the Armed Forces of the United States.”

Re-Starting Benefits: If existing VA benefits have been stopped, halted, or suspended due to incarceration, “Release Papers” must be presented to the VA Regional Office upon release from custody to restart your benefits at VA.

VA Home Loans Program: A program to help servicemembers, Veterans, and eligible surviving spouses become homeowners. Please visit the VA Regional Office or visit <https://www.benefits.va.gov/homeloans/index.asp> to learn more.

CHAMPVA Dependent Healthcare: Veterans who meet certain criteria may enroll their eligible dependents into the Civilian Health And Medical Program at VA (CHAMPVA). Visit the VA Regional Office or call 1-800-733-8387 for more information.

Education & Vocational Benefits

G.I. Bill: There are many versions of the G.I. Bill, to include the Montgomery G.I. Bill (Ch. 30), Post-9/11 G.I. Bill (Ch. 33), REAP G.I. Bill (Ch. 1607), & Select Reserve G.I. Bill (Ch. 1606). To determine which of the above you are eligible for and which will best fit your goals, visit the VA Regional Office, visit www.gibill.va.gov, or call 1-888-442-4551.

Vocational Rehabilitation and Employment (VR&E): VA may assist you in receiving vocational rehabilitation, employment services, and education and career counseling to help with job training, employment accommodations, resume development, and job seeking skills coaching. For more information, visit the VA Regional Office listed above or visit online at https://www.benefits.va.gov/VOCREHAB/edu_voc_counseling.asp.

VETERAN SERVICE ORGANIZATIONS (VSO)

3333 N. Central Avenue Phoenix, AZ 85012

Hours and Availability for each VSO will vary. Please call in advance to schedule, if possible, for assistance with VA Benefits.

American Legion (AL)	Suite 1052	(602) 627-3261
American Veterans (AMVETS)	Suite 1050	(602) 627-3276
Disabled American Veterans (DAV)	Suite 1053	(602) 627-3286
Military Order of the Purple Heart (MOPH)	Suite 1051	(602) 627-3307
Paralyzed Veterans of America (PVA)	Suite 1055	(602) 627-3311
Veterans of Foreign Wars (VFW)	Suite 1049	(602) 627-3316
Vietnam Veterans of America (VVA)	Suite 1054	(602) 627-3299

Visit these Organizations for assistance with filing claims for VA benefits, have questions about Veterans Benefits, or when applying for a discharge upgrade.

ARIZONA STATE VETERAN BENEFITS & RESOURCES

Arizona Department of Veteran Services (HQ) 3839 N. 3 rd Street Phoenix, AZ 85012 (602) 255-3373	Arizona Department of Veteran Services (VARO) 3333 N. Central Avenue, Suite 1052 Phoenix, AZ 85012 (602) 627-3261
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<https://dvs.az.gov>

BE CONNECTED

<http://BeConnectedAZ.org>

1-866-4AZ-VETS

Be Connected is an Arizona-centric Veterans Program aimed at assisting Veterans in seeking help, linking them to personalized resource matching & navigation support, and providing training and skill development to equip them to help others. Resources are also available to help with many facets of life, to include employment, peer support, and volunteer opportunities.

Arizona State-Based Veterans Benefits

Arizona State Veterans Home:

The State of Arizona currently has two skilled care nursing facilities, one in Phoenix and one in Tucson and another under construction in Yuma (Projected for June 2021). Some Veteran's spouses may also be admitted. Contact AZDVS to determine eligibility.

Arizona Veteran Cemeteries:

The State of Arizona currently has three Veteran's Cemeteries, one each in Marana, Sierra Vista, and Camp Navajo. Any Veteran (other than those Dishonorably Discharged) are eligible for burial and spouses and some dependents may also qualify. Contact AZDVS to get more information. There is no fee for Honorably Discharged Veterans to be interred and a one-time, nominal fee for spouse and other eligible dependents.

Arizona Tax Benefits:

Income Tax: Active Duty pay is not subject to Arizona Income Tax and Federal retirement payments (Civil Service or Military) up to \$2,500 are tax-free.

Vehicle License Tax and Registration Fees: License taxes and registration fees are waived for Veterans with a VA Disability Rating of 100%. Veterans are also exempt from license tax on vehicles they acquire through financial aid from VA. This also applies to a Veteran's spouse, if the Veteran dies, until and if the spouse remarries. Contact your local Arizona Motor Vehicle Department Office to learn more.

Property Tax: In some cases, Veterans may be eligible to have their Property Tax reduced or waived based on their disability. This may also apply to widows and widowers of Veterans. Contact your County Assessor's office for eligibility and information.

Arizona Veteran Education Benefits:

Arizona Purple Heart Tuition Waiver: This scholarship is available to:

1. Post 9/11 veterans with a VA Disability rating of at least 50%, a Purple Heart Medal, and who were AZ Residents during their service.
2. Dependent Children under 30, and un-remarried spouses of Arizona members who were killed in the line of duty on or after September 11, 2001.
3. Post 9/11 Arizona National Guard members who were medically discharged or received a Purple Heart Medal.

Arizona Veteran Employment Benefits:

Veterans who pass an examination for employment by the State of Arizona, or a county or city therein, will have 5 points added to their certification score; Veterans receiving any amount of VA Disability Compensation will have 10 points added. This is available only for Honorably Discharged Veterans who served longer than 6 months. Certain spouses may also be eligible. Check with the hiring authority of the agency, office, or institution to which you applied for eligibility and more information.

Arizona Veteran Recreation Benefits:

Hunting & Fishing Licenses: Free Hunting/Fishing Combo licenses are available to Veterans with a VA Disability Rating of 100% and have been an Arizona Resident for at least 12 consecutive months. Active Duty members shall receive hunting and fishing licenses at the Resident rate. Contact the Arizona Game and Fish Department at (602) 942-3000 or visit them at <https://www.azgfd.com> for more information.

Arizona State Parks: Free "Disable Veteran Annual Day Use Passes" are available to Veterans with a VA Disability Rating of 100% Permanent and Total, allowing access to all 27 of Arizona's state parks. Contact the Arizona State Parks and Trails Department at (602) 542-4174 or visit them at <https://AZStateParks.com> for more information.

COMMUNITY-BASED RESOURCES

This is not a comprehensive list, nor does Phoenix VA endorse any listed community resource. You are encouraged to explore all resources available

[Arizona 2-1-1 Community Information & Referral Services: Dial 211 or 1-877-211-8661 for Personalized Help](#)

Possible Help with *Rent, Food, and/or Utilities*:

America Legion (602) 264-7706	AZ VFW Charities (480) 941-5258	DAV Chapter 20 (Glendale) (623) 931-7320 (M-F, 0900-1230)
DAV Chapter 24 (NW Valley) (505) 301-0540	Military Assistance Mission (MAM) (602) 246-6429	Operation We Are Here www.OperationWeAreHere.com
APS Energy Support Program (602) 371-7171	SRP Economy Price Plan (602) 236-8888 or 1-800-258-4777	Southwest Gas Low-Income Assistance 1-877-860-6020
22 Until None 1-866-254-9961 www.22untilnone.org	The Society of St. Vincent de Paul 1-877-211-8661 or (602) 266-4673	The Salvation Army (Sun Cities) (623) 977-1084
The Salvation Army (Phoenix) (602) 265-3359, Ext. 202	The Salvation Army (Mesa) (480) 833-8322	The Salvation Army (Glendale) (623) 934-0469

Possible Help with *Housing and Homelessness*:

Community Resource & Referral Center 1500 E. Thomas Road Phoenix, AZ 85006 (602) 248-6040 (Veterans Only)	UMOM New Day Centers 3333 E. Van Buren Street Phoenix, AZ 85008 (602) 275-7852 https://umom.org	U.S. Vets (Phoenix) 3507 N. Central Ave., Ste. 302 Phoenix, AZ 85012 (602) 717-6682 https://www.USVetsInc.org
Save The Family (East Valley) 3307 E. Van Buren Street Phoenix, AZ 85008 (480) 898-0228 https://SaveTheFamily.org	The Primavera Foundation (Tucson) 702 S. 6 th Avenue Tucson, AZ 85701 (520) 623-6434 https://www.Primavera.org	U.S. Vets (Prescott) 917 E. Gurley Street Prescott, AZ 86301 (928) 583-7204 https://www.USVetsInc.org

Community Action Programs:

<u>Phoenix (West):</u>	John F. Long Family Services Center, 3454 N. 51 st Ave., Phoenix, AZ 85031,	(602) 262-6510
<u>Phoenix (North):</u>	Sunnyslope Family Services Center, 914 W. Hatcher Rd., Phoenix, AZ 85021,	(602) 495-5229
<u>Phoenix (South):</u>	Travis L. Williams Family Services Center, 4732 S. Central Ave., Phoenix, AZ 85040	(602) 534-4732
<u>Mesa:</u>	635 E. Broadway Road, Mesa, AZ 85204	(480) 833-9200
<u>Tempe:</u>	2150 E. Orange Street, Tempe, AZ 85281	(480) 350-5880
<u>Chandler/Gilbert:</u>	345 S. California Street, Chandler, AZ 85225	(480) 963-1423
<u>Buckeye:</u>	210 S. 6 th Street, Building 700, Buckeye, AZ 85326	(623) 925-3911
<u>Avondale:</u>	328 W. Western Avenue, Avondale, AZ 85323	(623) 333-2703
<u>Glendale:</u>	5850 W. Glendale Avenue, Glendale, AZ 85301	(623) 930-2854
<u>Tolleson:</u>	9555 W. Van Buren Street, Tolleson, AZ 85043	(623) 936-2760
<u>Scottsdale:</u>	7700 E. Roosevelt Street, Scottsdale, AZ 85257	(480) 312-2323
<u>Guadalupe:</u>	9241 S. Avenida del Yaqui, Guadalupe, AZ 85283	(480) 505-5385
<u>Peoria:</u>	8335 W. Jefferson Street, Peoria, AZ 85380	(623) 979-3911

Homeless Shelters and Transitional/Supportive Housing Resources (Statewide):

<p>Andre House – Transitional 1203 W. Polk Street Phoenix, AZ 85007 (602) 252-9023</p>	<p>Steps House Center for Healing 2601 E. Paradise Lane Phoenix, AZ 85032 (602) 569-5571</p>	<p>Family Promise of Phoenix 7221 E. Belleview Street Phoenix, AZ 85257 (480) 659-5227</p>	<p>Global Life Charities 1542 E. McKinley Street Phoenix, AZ 85006 (602) 256-9403</p>
<p>Church on the Street (COTS) 3210 NW Grand Avenue Phoenix, AZ 85017 (602) 257-8918</p>	<p>Lodestar Day Resource Center 1125 W. Jackson Street Phoenix, AZ 85007 (602) 393-9930</p>	<p>Phoenix Rescue Mission 1801 S. 35th Avenue Phoenix, AZ 85009 (602) 346-3384</p>	<p>Homeward Bound 2302 W. Colter Street Phoenix, AZ 85015 (602) 263-7654</p>
<p>Changing Lives Center 338 N. 15th Avenue Phoenix, AZ 85007 (602) 688-6211</p>	<p>AZ Coalition to End Homelessness 141 E. Palm Lane Phoenix, AZ 85004 (602) 340-9393</p>	<p>Terros Safe Haven 210 S. 12th Avenue Phoenix, AZ 85007 (602) 528-0758</p>	<p>Central AZ Shelter Services 230 S. 12th Street Phoenix, AZ 85007 (602) 256-6945</p>
<p>Phoenix Dream Center 3210 NW Grand Avenue Phoenix, AZ 85017 (602) 346-8726</p>	<p>House of Refuge Sunnyslope 9835 N. 7th Street Phoenix, AZ 85020 (602) 678-0223</p>	<p>Sunshine Rescue Mission 124 S. San Francisco Flagstaff, AZ 86001 (928) 774-3512</p>	<p>Flagstaff Shelter Services 4185 E. Huntington Drive Flagstaff, AZ 86004 (928) 225-2533</p>
<p>UMOM Family Shelter 3333 E. Van Buren Street Phoenix, AZ 85008 (602) 275-7852</p>	<p>Respite Shelter for Homeless Men 7000 N. Central Avenue Phoenix, AZ 85020 (602) 870-4353</p>	<p>Ecumenical Chaplaincy 1125 W. Jackson Street Phoenix, AZ 85007 (602) 417-9853</p>	<p>Crossroads Nogales Mission 456 N. Morley Nogales, AZ 85621 (520) 287-6335</p>
<p>East Valley Men’s Shelter 2345 N. Country Club Drive Mesa, AZ 85201 (480) 610-6722</p>	<p>East Valley Women’s Shelter 149 N. Mesa Drive Mesa, AZ 85201 (480) 969-1691</p>	<p>La Mesita Family Shelter 651 E. Commonwealth Avenue Chandler, AZ 85225 (602) 595-8700</p>	<p>Good Neighbor Alliance 420 N. 7th Street Sierra Vista, AZ 85635 (520) 439-0776</p>
<p>New Beginnings for Women 2590 N. Alvernon Way Tucson, AZ 85712 (520) 293-2094</p>	<p>Joshua House Transitional Housing 3028 N. Geronimo Avenue Tucson, AZ 85705 (520) 512-8448</p>	<p>Our Family Services 3830 E. Bellevue Street Tucson, AZ 85716 (520) 232-1708</p>	<p>Gospel Rescue Mission 312 W. 28th Street Tucson, AZ 85713 (520) 740-1501</p>
<p>Primavera Shelter 200 E. Benson Highway Tucson, AZ 85713 (520) 623-4300</p>	<p>Brewster Center 2711 E. Broadway Boulevard Tucson, AZ 85716 (602) 880-7201</p>	<p>Emerge! Violence Shelter 2545 E. Adams Street Tucson, AZ 85716 (520) 795-4266</p>	<p>Bisbee Homeless Coalition 509 Romero Street Bisbee, AZ 85603 (520) 432-7839</p>
<p>Renaissance House 240 Ohara Street Bisbee, AZ 85603 (520) 432-1771</p>	<p>Salvation Army Hospitality House 1002 N. Main Avenue Tucson, AZ 85705 (520) 622-5411</p>	<p>House of Hope 2105 N. Washington Avenue Douglas, AZ 85603 (520) 364-2465</p>	<p>Cochise County Crisis Center 721 Gonzales Boulevard Huachuca City, AZ 85616 1-877-520-8336</p>
<p>Crossroads Yuma Mission 944 S. Arizona Avenue Yuma, AZ 85364 (928) 783-9362</p>	<p>Catholic Social Services of Western Arizona 693 E. 32nd Street Yuma, AZ 85364 (520) 782-0077</p>	<p>Bread of Life Mission 885 Hermosa Drive Holbrook, AZ 86025 (928) 524-3874</p>	<p>Project Aware Inc. Men’s Shelter 215 W. Leroux Street Prescott, AZ 86303 (928) 778-2531</p>
<p>Prescott Shelter Services 336 N. Rush Street Prescott, AZ 86301 (928) 778-5933</p>	<p>Catholic Social Services of Yavapai 116 N. Summit Avenue Prescott, AZ 86301 (928) 778-2531</p>	<p>Yavapai Territorial Gospel Rescue 602 Lincoln Avenue Prescott, AZ 85301 (928) 443-8779</p>	<p>Catholic Charities Shelter 736 N. Main Street Cottonwood, AZ 86326 (928) 634-4254</p>

If possible, please call to verify services and availability before arriving.

Emergency Food Banks, Pantries, and Meal Programs (Statewide):

PHOENIX METRO:

All Tribes Assembly of God Church	1710 W. Highland Avenue Phoenix, AZ 85015 (602) 728-0699
Saint Mary's Food Bank Alliance	2831 N. 31 st Avenue Phoenix, AZ 85009 (602) 242-3663
Saint Mary's Food Bank Alliance (West)	3131 W. Thomas Road Phoenix, AZ 85017 (602) 374-8104
Saint Mary's Food Bank Alliance (Northwest)	13050 W. Elm Street Surprise, AZ 85378 (623) 583-8879
Paradise Valley Emergency Food Bank	10862 N. 32 nd Street Phoenix, AZ 85028 (602) 867-9228
Mom's Pantry Community Food Bank	13440 N. Cave Creek Road Phoenix, AZ 85022 (602) 992-0083
Desert Mission Food Bank	9229 N. 4 th Street Phoenix, AZ 85020 (602) 870-6062
Cultural Cup Food Bank	342 E. Thomas Road Phoenix, AZ 85012 (602) 266-8370
Joshua Tree Feeding Program Pantry	1601 W. Indian School Road Phoenix, AZ 85015 (602) 264-0223
First Southern Baptist Church Benevolence Center Pantry	3100 W. Camelback Road Phoenix, AZ 85017 (602) 242-6104
Saint Gregory/Saint Vincent de Paul Pantry	3525 N. 18 th Avenue Phoenix, AZ 85015 (602) 266-4884
Desert Christian Fellowship Pantry	1445 W. Northern Avenue Phoenix, AZ 85021 (602) 861-4008
Manzanita Senior Center Pantry	3581 W. Northern Avenue Phoenix, AZ 85051 (602) 262-4949
Open Door Fellowship Church	8301 N. 19 th Avenue Phoenix, AZ 85021 (602) 381-0023
Hope for Hunger Food Bank	5605 N. 55 th Avenue Glendale, AZ 85301 (602) 773-4344
United Food Bank	245 S. Nina Drive Mesa, AZ 85210 (480) 926-4897
Resurrection Street Ministry	1135 E. Main Street Mesa, AZ 85203 (480) 615-2799
Chandler Christian Food Center	44 N. Oak Street Gilbert, AZ 85233 (480) 625-4160
Chandler Christian Community Center	345 S. California Street Chandler, AZ 85225 (480) 963-1423
Matthew's Crossing Food Bank	1368 N. Arizona Avenue #115 Chandler, AZ 85225 (480) 857-2296
Tolleson Food Bank	10 S. 93 rd Avenue Tolleson, AZ 85353 (623) 936-5199
Extended Hands Food Bank	16548 E. Laser Drive, Ste. 6 Fountain Hills, AZ (480) 837-0303
Foothills Food Bank	6920 E. Cave Creek Road Cave Creek, AZ 85331 (480) 488-1145
Valley View Community Food Bank	11115 W. Nevada Avenue Youngtown, AZ 85363 (623) 933-3358
Agua Fria Food Bank	405 E. Harrison Drive Avondale, AZ 85323 (623) 932-9135
Sunnyslope Dining Room (Call for Hours)	9227 N. 10 th Avenue Phoenix, AZ 85021 (602) 339-7611
Phoenix Dining Room (Call for Hours)	1075 W. Jackson Street Phoenix, AZ 85007 (480) 307-2752
Family Dining Room - Phoenix (Call for Hours)	420 W. Watkins Road Phoenix, AZ 85003 (602) 694-7931
Mesa Dining Room (Call for Hours)	67 W. Broadway Road Mesa, AZ 85210 (602) 919-1658
El Mirage Dining Room (Call for Hours)	14013 N. Verbena Street El Mirage, AZ 85335 (602) 266-4673

SOUTHERN ARIZONA:

City of Tombstone Food Bank	1301 N. Camino san Rafael Tombstone, AZ 85638 (520) 457-3697
Tri-Community Food Bank	108 W. Redwood Drive Mammoth, AZ 85618 (520) 487-2010
Borderlands Food Bank	2661 N. Donna Avenue, Ste. A Nogales, AZ 85621 (520) 287-2627
Nogales Community Food Bank	2636 N. Donna Avenue Nogales, AZ 85621 (520) 281-2790
Casa Maria Free Kitchen	352 E. 25 th Street Tucson, AZ 85713 (520) 624-0312
Saint Paul's Food Bank	8051 E. Broadway Boulevard Tucson, AZ 85710 (520) 296-1927
Community Food Bank	3003 S. Country Club Road, Ste. 221 Tucson, AZ 85713 (520) 622-0525
Caridad Community Kitchen and Food Bank	845 N. Main Avenue Tucson, AZ 85705 (520) 882-5641
Marana Community Food Bank	11734 W. Grier Road Marana, AZ 85653 (520) 682-3001
Casa Grande Food Bank	235 E. 4 th Street Casa Grande, AZ 85122 (520) 836-1347
Amado Community Food Bank	28720 S. Nogales Highway Amado, AZ 85645 (520) 398-2479
Benson Food Bank	370 S. Huachuca Street Benson, AZ 85602 (520) 586-7916
Douglas Area Food Bank	660 N. G Avenue Douglas, AZ 85607 (520) 364-4170
Community Food Bank	250 E. Continental Road, #101 Green Valley, AZ 85614 (520) 625-5252
Apache Junction Reach Out Food	575 N. Idaho Road, Ste 701 Apache Junction, AZ 85119 (480) 983-2995
Yuma Community Food Bank	2404 E. 24 th Street, Ste. A Yuma, AZ 85365 (928) 819-0716

NORTHERN ARIZONA:

Chino Valley Food Bank	840 S. Road #1 East, Chino Valley, AZ 86323 (928) 636-8478
Prescott Meals-on-Wheels	1280 E. Rosser Street #A Prescott, AZ 86301 (928) 445-7630
Prescott Community Cupboard & Food Bank	434 W. Gurley Street Prescott, AZ 86301 (928) 778-4622
Yavapai Food Bank	8866 E Long Mesa Drive Prescott Valley, AZ 86314 (928) 775-5255
Prescott Valley Food Bank	9360 E. Manzanita Circle Prescott Valley, AZ 86314 (928) 772-4490
Gila Community Food Bank	317 W. Hackney Avenue Globe, AZ 85501 (928) 425-3639
Northern Arizona Food Bank	3805 E. Huntington Drive Flagstaff, AZ 86004 (928) 526-2211
Flagstaff Family Food Center	1903 N. 2 nd Street Flagstaff, AZ 86004 (928) 774-3188
Care and Share Food Bank	1801 W. Route 66 Flagstaff, AZ 86001 (928) 779-7066
Kingman Area Food Bank	2930 E. Butler Avenue Kingman, AZ 86409 (928) 757-4165
Central Arizona Food Bank	654 N. Main Street Cottonwood, AZ 86326 (928) 634-7447
Community Food Bank	1940 Mesquite Avenue Lake Havasu City, AZ 86403 (928) 453-5800
Bullhead Christian Center	590 Hancock Road Bullhead City, AZ 86442 (928) 758-7717
Sedona Community Food Bank	680 Sunset Drive Sedona, AZ 86336 (928) 204-2808

Non-VA Counseling, Substance Abuse, and Detox Treatment Resources

Lifeline Central	45 E. Monterey Way #100 Phoenix, AZ 85012	(480) 739-3253
Lifeline Central	335 N. Alma School Road Chandler, AZ 85224	
Camelback Recovery	4933 E. Osborn Road Phoenix, AZ 85018	(602) 466-9880
AZ Behavioral Counseling	3120 N. 19 th Avenue, Ste 130, Phoenix, AZ 85015	(602) 428-5905
AZ Behavioral Counseling	6710 N. 47 th Avenue Glendale, AZ 85301	
Pinnacle Peak Recovery	8070 E. Morgan Trail #200, Scottsdale, AZ 85258	(833) 497-3652
SpringBoard Recovery	11624 E. Shea Boulevard Scottsdale, AZ 85259	(855) 777-6480
Soul Surgery Treatment Center	14362 N. Frank Lloyd Wright Boulevard, #B111 Scottsdale, AZ 85260	1-800-614-1107
Awakening Recovery	1204 E. Baseline Road #208 Tempe, AZ 85283	(480) 725-3638
Royal Life Center & Detox	831 Gail Gardner Way Prescott, AZ 86305	(855) 231-2537
Desert Star Recovery	7493 N. Oracle Road Tucson, AZ 85704	(520) 895-4356

Non-VA Domestic/Intimate Abuse and Violence Resources

National Domestic Violence Hotline: 1-800-799-7233 or 1-800-787-3224 (TTY)

Arizona Coalition Against DV	2800 N. Central Avenue #1570, Phoenix, AZ 85004	1-800-782-6400
Eve's Place Community Services	8877 N. 107 th Avenue #302-497, Peoria, AZ 85345	(623) 537-5380
National Coalition Against DV	600 Grant #750, Denver, CO 80203	(303) 839-1852
National Dating Abuse Helpline	LoveIsRespect.org	1-866-331-9474